

Show your love. Get vaccinated.

Adult Vaccination Schedule



19-26 years old

	Received?	Date:
Td/Tdap* or Td/Tdap booster	<input type="checkbox"/>	_____
Measles, Mumps and Rubella (MMR)*	<input type="checkbox"/>	_____
Varicella*	<input type="checkbox"/>	_____
Human papillomavirus (HPV)*	<input type="checkbox"/>	_____
Hepatitis B*	<input type="checkbox"/>	_____

27-49 years old

Td/Tdap* or Td/Tdap booster	<input type="checkbox"/>	_____
Measles, Mumps and Rubella (MMR)*	<input type="checkbox"/>	_____
Varicella*	<input type="checkbox"/>	_____
Hepatitis B*	<input type="checkbox"/>	_____

50-64 years old

Td/Tdap* or Td/Tdap booster	<input type="checkbox"/>	_____
Measles, Mumps and Rubella (MMR)*	<input type="checkbox"/>	_____
Hepatitis B*	<input type="checkbox"/>	_____
Zoster	<input type="checkbox"/>	_____

65 years old and older

Td/Tdap* or Td/Tdap booster	<input type="checkbox"/>	_____
Pneumococcal	<input type="checkbox"/>	_____
Zoster*	<input type="checkbox"/>	_____

Remember to get the Influenza and COVID-19 vaccinations every year.

*If you have received all doses of this vaccine, you do not need to get it again.

Please talk to your healthcare provider:

- If you are unsure of which vaccines you received or if you need another dose
- To see if you may need other less common vaccinations

Vaccine Descriptions

- Td/Tdap:** Protects against tetanus which causes serious painful spasms and stiffness of all muscles, lockjaw (the difficulty opening the mouth), difficulty swallowing or breathing and fever
- Measles, Mumps and Rubella (MMR):** Protects against measles, mumps and rubella which can cause a fever, runny nose, cough and a rash all over the body
- Varicella (Chickenpox):** Prevents a rash that turns into itchy, fluid filled blisters that can scab. This rash can occur all over the body. If you have chickenpox, the virus stays in your body for the rest of your life. Later in life, the virus may reactivate as shingles.
- Hepatitis B:** Protects against chronic liver disease which can cause flu like symptoms with loss of appetite, fever, tiredness, weakness, nausea, vomiting, jaundice, joint pain
- Pneumococcal:** Prevents serious infections in the lungs, lining of the spinal cord, and blood which symptoms include fever, chills, difficulty breathing, chest pain, stiff neck, ear ache, increased sensitivity to light and cough
- HPV:** Prevents many types of future diseases such as cervical, vaginal, vulvar, penile, oropharyngeal cancers and genital and anal warts
- Zoster:** Reduces the risk of developing shingles which is a painful rash that develops on one side of the face or body

Scan here to find a
local vaccination
provider!

